

# Sydney Banks Quotes

There are many quotes from Sydney Banks that are profound. We have found a few that we think make an excellent introduction to the Three Principles. All quotes in this document are from Sydney Banks.

## The Three Principles from the Beginning

A 4-part program with  
Keith Blevens Ph. D., and Brett Chitty.

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# The Principle of Mind

Mind is the energy of all things whether in formless or form.

Divine Mind is the intelligence of all things before creation and after creation.

The *Universal Mind*, or the *impersonal mind*, is constant and unchangeable. The *personal mind* is in a perpetual state of change.

An important thing to realize is that *Universal Mind* and *personal mind* are **not** two minds thinking differently, but two ways of using the same mind.

There's Universal Mind, and what that means is universal intelligence. Universal intelligence is what you call God and that's Mind.

# The Principle of Consciousness

Divine Consciousness gives us the ability to recognize the existence of creation and all it entails.

Consciousness is the gift of awareness.

Consciousness allows the recognition of form, form being the expression of Thought.

Universal Consciousness enables us to perceive existence; personal consciousness allows us to deal with our circumstances.

# The Principle of Thought

One of the most beautiful things that any human can realize is the mystical bridge between the form and the formless. Thought is that bridge.

Thought is the master key that opens the world of reality to all living creatures.

Thought is a divine tool that is the link between you and your divine inheritance and is at the core of all psychological functioning.

Focus on the missing link between our psychological nature and our spiritual nature.

Within the soul of all human beings, there lies an innate spiritual knowledge that has the power to repair mental disturbances ... not through analysing their thoughts, but by seeing the power of thought itself.

All that you survey comes from the invisible and *thought* is the link between the invisible to the visible. *Thought*, young man, is your bridge to the cosmic wisdom that will assist you to *See* the hidden powers that lie within your own consciousness.

# The Three Principles

Divine Thought, Divine Consciousness, and Divine Mind have no form. They have no form. They are a power. They're a gift. You put a form on it, and you've missed it.

Mind, Consciousness, and Thought are the three principles that enable us to acknowledge and respond to existence.

Mind, Consciousness, and Thought are spiritual gifts that enable us to see creation and guide us through life.

If you take yourself, turn yourself inside-out, you would find what you thought was reality was the dream. Then you've found true reality when you turn inside-out.

The life as we see it now is not a reality; it is the shadow of the true reality.

The document was made with love and gratitude to Sydney Banks.

The document was made by ThreePrinciplesPsychology.com for a program called “The Three Principles From the Beginning,” with Keith Blevens, Ph. D., and Brett Chitty. It is designed to give an excellent start for those who haven’t encountered the Three Principles yet, for those who are just starting out, or for seasoned students who would like a refresher on them.

It is a “pay what you want” program in four parts. We accept \$0.

For professionals in the field of psychology and personal development, this program offers a unique opportunity. Not only can you enhance your understanding of the Three Principles, but you can also earn CEUs, with a fixed fee.

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